



## APPLICATION FOR VOLUNTEER COACH

A big thank you from everyone at Overton rugby club because without volunteers such as yourself we wouldn't be here.

### **Job description**

Coach players through the different age groups, developing the rugby skills and understand the players at all levels.

### **Key Accountabilities:**

As a coach you will be assigned to one age group and you will progress with players as they move through the age groups.

Your role will be to coach and train children in the art of rugby, through games, set plays, communication and dedication.

You will encourage teamwork as well as team bonding and help build players self confidence.

You will help improve the fitness of the players and help them gain respect for their peers, superiors and themselves.

You will show them how to be disciplined whilst still having fun and show them sportsmanship towards the opposition.

You will attend relevant courses for your age group including two initial mandatory courses:

- Play it safe including online concussion pre-requisite (<http://www.englandrugbyfiles.com/concussion/courses/coaches/>)
- Rugby Ready (not online)
- Plus an optional first aid course

You will liaise with managers, safeguarding officers etc when necessary.

### **Code of Rugby**

This can be found on the RFU website and is fully integrated throughout the clubs age groups.

Everyone involved in rugby in England, whether as a player, coach, referee, administrator, parent or spectator is expected to uphold the core values of our sport

#### **Teamwork   Respect   Enjoyment   Discipline   Sportsmanship**

- Play to win – but not at all cost.
- Win with dignity, lose with grace.



- Observe the laws and regulations of the game.
- Respect opponents, referees and all participants.
- Reject cheating, racism, violence and drugs.
- Value volunteers and paid officials alike.
- Enjoy the game.

### **Safeguarding Procedure**

For you to be become a coach you must complete a DBS check which is renewed every three years.

You must attend a rugby ready course within the first 6 months which is renewed every three years by attending a refresher course.

You must attend a play it safe course within the first 6 months which is renewed every three years by attending a refresher course.

You must attend a first aid course within the first year which is renewed every three years by attending a refresher course

Please find attached a copy of the safeguarding policy for you to read.

You must be aware of our club rules and understand our policy on social networking sites.

For further information and to arrange your DBS check please contact Vicky Thomas (safeguarding officer) – 07584321545. Alternatively please contact Aimee Le Flem (deputy safeguarding officer) – 07807077476 or Stephanie Webster (deputy safeguarding officer) - 07495489537.

### **Declaration**

I have read the safeguarding policy and the club rules and regulations and i agree to attend all relevant courses within the first year of being a volunteer coach.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please return the safeguarding policy along with this form to Jennie Ross or Vicky Thomas.