

Overton Rugby Football Club – In Case of Injury

When an injury occurs, three roles are required:

1. A Charge Person
2. Call Person
3. Control Person

All coaches are fully conversant with this process and can be designated **CHARGE PERSONS**

CHARGE PERSON

- This pre-designated individual will be responsible for managing and coordinating the emergency situation. This person will activate the Emergency Action Plan when deemed necessary
- This person also assesses the situation and injury status of the athlete
- The Charge Person will appoint a CALL PERSON and CONTROL PERSON

CALL PERSON

- This person is appointed prior to the game or practice.
- The individual will be required to activate the emergency system by calling 999 (or 101 depending on the nature of the emergency) and informing the emergency services of the nature of the medical emergency with the following information:
 1. Type of injury (injuries sustained by player/number of casualties)
 2. If neck or Spinal injury is suspected. **NO ATTEMPT SHOULD BE MADE TO MOVE THE PLAYER UNTIL MEDICAL HELP ARRIVES**
 3. Level of consciousness
 4. Is the injured player bleeding?
 5. What types of first aid has been administered
 6. Directions to the ground
**OVERTON RUGBY CLUB IS LOCATED OFF WATCH LANE, LAVERSTOKE JUST OFF THE B3400.
POST CODE IS RG28 7NT (HOME FARM IS NEAREST POST CODE ADDRESS)**
 7. Provide the number of the mobile phone from which you are calling
 8. Ask for an estimated time of arrival
 9. Wait for arrival of the ambulance and provide directions to the injured party

REMEMBER – LET THE EMERGENCY SERVICES TERMINATE THE CALL

The call person will report back to the Charge Person that the ambulance has been called and provide an estimated time of arrival



CONTROL PERSON

- This person is appointed prior to the game or practice.
- This individual is expected to keep the crowd away from the injured player/person and be in control of the situation. Referee and touch judge assistance should be considered

THESE ITEMS MUST BE PRESENT AT HOME GAMES AND PRACTICES

- FULLY STOKED MEDICAL KIT
- MOBILE PHONE FOR CALL PERSON
- CERTIFIED FIRST AID PERSONNEL

WHEN AN INJURY OCCURS, WHAT DO I DO?

- Stay calm but act swiftly and observe the situation. Is there a danger of further injuries
- Listen to what the injured person is saying
- Alert the first aider who should take appropriate action for minor injuries
- In the event of injuries requiring specialist treatment, call the emergency services
- Deal with the rest of the group and ensure that they are adequately supervised
- Do not move someone with major injuries. Wait for the emergency services
- Contact the injured players parents/guardians
- Complete an incident report form (held in the office)

Location of nearest hospitals

North Hampshire Hospital

Aldermaston Road, Basingstoke, Hampshire, RG24 9NA
Tel: 01256 473 202

Royal Hampshire County Hospital

Romsey Road, Winchester, Hampshire, SO22 5DG
Tel: 01962 863 535

Southampton General Hospital

Tremona Road, Southampton, Hampshire, SO16 6YD
Tel: 02380 777 222

